



Supporters Club

A fresh approach to Personalisation

Open Meetings

Time: 1.30pm to 3.15pm

Monday 10th February 2014

Personal Assistants How they can help you

Barbara Wilson

Self Directed Support Coordinator, Age UK

Also speak with a Kings College Hospital NHS Health Ambassador

Monday 3rd March 2014 **General Information Day**

Come alone and talk to people from different organisations

Get a Free massage PLUS much more!

Speak with a Kings College Hospital NHS Health Ambassador

OPEN TO ALL — For anyone to attend.



1 Rushwoth Street, London, SE1 0RB Tel: 020 7928 9521 www.blackfriars-settlement.org.uk





Why Should You Attend The Supporters Club?

The Supporter Club is for carers as well as individuals. For families and friends of individuals that require support. This is a place where you can explore Personalisation as an individual and obtain guidance, whether you are eligible for council funding or if you fund your support yourself.

We will also be looking at universal services such as leisure, adult education, and transport that help members lead fuller lives as citizens.

And, we take the view point that prevention and early intervention can reduce the demand for more acute and intensive services. Meaning – Having a look at your life, planning, and putting services in place for you to a lead life, to the best of your ability, over a longer period of time than you would have, if you had not done a Support Plan.

Blackfriars Settlement's Supporters Club is a place that people can use to help achieve independent living and have complete choice and control in their lives.

Supporters Club

1.30pm to 3.15pm

Held on the 1st, 2nd and 3rd Monday of every month with refreshments provided.

How to find us

Blackfriars Settlement, 1 Rushworth Street, London SE1 0RB

Telephone 020 7928 9521 Website: www.blackfriars-settlement.org.uk

For more information contact **Valerie** on the above phone number or via e-mail <u>valerie.oldfield@blackfriars-settlement.org.uk</u> (*Call any Monday.*)

Buses to Blackfriars Road: 45 63 100

Other buses to surrounding area: 1 35 40 68 168 171 172 176 188 133 343 344

Nearest Tubes: Southwark—Borough—Waterloo—Elephant & Castle

