



Southwark and Lambeth

Mind's Women's Forum

For women who experience mental health difficulties

**The second Friday of every month  
Next forum is on Friday 10<sup>th</sup> January**

- **Meet like-minded women in a hopeful, safe & supportive environment.**
- **Guest speaker is Leah Whittington. She wants to work with us to help celebrate International Women's Day 8 March 2014 with specific focus on mental health**
- **Share information, network opportunities and creativity**
- **Enjoy a tasty lunch and a massage**
- **Open Space**

From 12 – 2pm at Inspire **the** Crypt, St. Peter's Church, Liverpool Grove, SE17 2HH  
Contact Hanne at [swf@lambethandsouthwarkmind.org](mailto:swf@lambethandsouthwarkmind.org). 0207 358 7030 ext 2063

