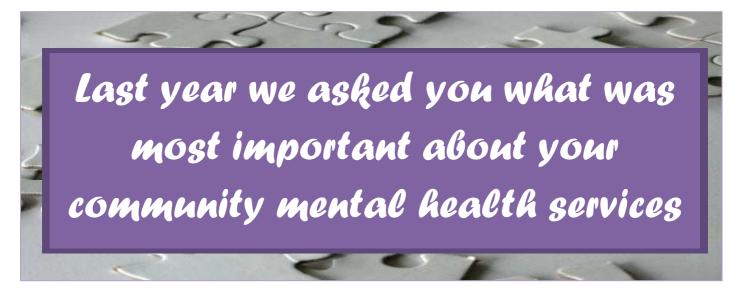
# **Adult Mental Health Services in Lewisham**



- We want to make mental health services offer people the best support at the right time. Your feedback helped us to come up with some ideas.
- This document outlines what we are proposing and we would like to hear what you think.
- There will be a more detailed document available in November when there is an agreed plan.

#### Background:

We need to provide a service that makes the best use of the money available. We think it's important that our services:

- o promote recovery and keeping people well
- o work efficiently offering the right help at the right time
- o can be provided safely with the money that is available

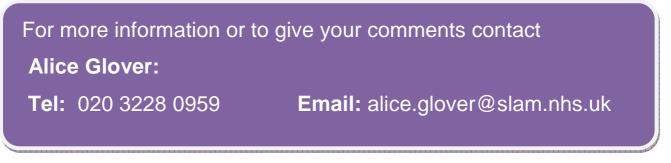
#### September and October 2013

# **Adult Mental Health Services in Lewisham**

### Our ideas:

- 1) We will offer more specialist help to people who are likely to relapse
- o Workers will have more time for their clients.
- More people will be treated at home and at an earlier stage of relapse
- Some people may have a shorter hospital stay at an earlier stage to prevent crisis (which could involve a longer hospital stay).
- 2) We will improve our assessment services
- People will be referred more easily from their GPs
- The quality of the assessment will improve so people will get the right help more quickly
- We will work more closely with social care and primary care so that people who don't need our services can be well supported
- 3) When people no longer need our services we will support their transfer back to primary care
- We will work carefully with people to plan for discharge to primary care
- People will be referred to support such as the new services provided by Bromley MIND.
- If people need our services again, it will be easy to "get back into the system"

We hope that with these changes people will stay well for longer and have less need to use the inpatient services.



### September and October 2013