

USEFUL INFORMATION AND LINKS

Vocational & Jobsearch Support

Lewisham & Forest Hill Jobcentre Plus 0845 604 3719 (switchboard)

Social Inclusion & Recovery Service (Lewisham), Vocational Team
0208 694 6519 (32 – 34 Watson's Street, Deptford SE8 4AU)

In Work Support

ACAS (Advisory, Conciliation & Arbitration Service) 08457 474 747

Equality & Human Rights Commission (EHR) 0845 604 6610

Access To Work 020 8218 2710 – support for people in paid work e.g. travel to work, specialised equipment, support workers/reasonable adjustments

Careers Advice

0800 100 900 or www.nextstep.direct.gov.uk or www.directgov.co.uk

Self Employment/Business Advice

Business Link 0845 6000 787

Simple Business Solutions 020 8691 2482

Small Business Advice www.smallbusinessadvice.org.uk

Voluntary Work

Lewisham Volunteer Centre (ask for Fay Millen) 020 8613 7113

Voluntary Care Centre 020 8291 1747

Do It website www.do-it.org.uk

Debt Advice

Meridian Money 020 8293 3432

National Debtline 0808 055 66 88 www.nationaldebtline.co.uk

Welfare Benefits

- Fresh claim for benefits **0800 055 66 88**
- Benefit Enquiries **0845 608 8770**
- Disabilities & Carers Helpline **0800 88 22 00**
- Carers Allowance **01253 856 123**
- Disability Living Allowance **08457 123 456**
- Housing Benefit **020 8690 8444**

Advice Centres

Lewisham Disability Coalition (LDC) 020 8314 1414

(info@ldcadvice.co.uk) Information & advice for people with long term health problems or disability. Advocacy – rights & self directed support services.

Sydenham Citizens Advice Bureau 0844 826 9691

020 8314 2460 (debt advice only)

190 Centre 020 86917180

Advice on welfare benefits, employment, housing/homelessness and debt.

999 Club 020 8691 7734

Social & practical support also deals with people who have housing, drug & alcohol and health related problems

NACRO 0800 0181 259

National Association for the Care & Resettlement of Offenders.

Charity for the reduction of crime supporting those at risk of offending & providing guidance on employment, housing & education.

AfRIL Action for Refugees in Lewisham – 020 8297 4111

Education

Community Education Lewisham (CEL) 020 8314 3300

www.cel.lewisham.gov.uk

Thomas Carlton Adult Education Centre 020 7358 2100

www.southwark.gov.uk/adultlearning

Lewisham College 0800 834 545 (course enquiries) or 020 8692 0353

(general enquiries) www.lewisham.ac.uk

Very useful links for vocational & welfare benefits info.

www.gov.uk and www.communitylegaladvice.org.uk (0845 345 4 3345).