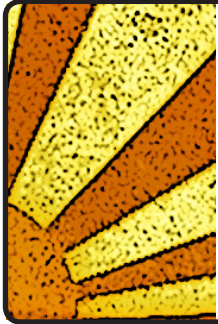


# LONDON PARANOIA GROUPS PROJECT



## 4 X DAY PARANOIA GROUP FACILITATION TRAINING

19th, 22nd, 25th & 29th April 2013, 10.00 - 4.30pm  
Bankside Community Space, 18 Great Guildford Street, SE1 0FD

### ABOUT THE COURSE

- Are you interested in facilitating a peer support group for people who struggle with paranoia and/or overwhelming beliefs?
- Do you belong to a group or organisation that is already hosting a pilot group?
- Or are you part of an organisation who would be committed to developing a peer support group with us as part of our Paranoia Groups Project?

The London Paranoia Groups Project, in partnership with the National Paranoia Network, has developed an innovative training course to give facilitators the necessary skills and confidence to set up and sustain a Paranoia Group.

The course covers the following main areas:

- Understanding the experience of 'Paranoia' and overwhelming beliefs
- Different ways of making sense of unusual beliefs and paranoia
- Developing a repertoire of coping strategies to help people take back control of their lives
- Helping people explore their beliefs in a peer support group context
- Practical skills for group facilitation
- Setting up, launching and sustaining Paranoia Peer Support Groups

### ABOUT THE TRAINERS:

Molly Carroll & Rachel Waddingham both have experience of paranoia and/or overwhelming beliefs and developing peer support approaches in this area.

### FEES:

- FREE (People with lived experience of paranoia)
- £150 Voluntary Organisations & Charities
- £200 Statutory Organisations

### TO BOOK YOUR PLACE:

Return the attached application form to:

John Wetherell,  
London Paranoia Groups Project  
Mind in Camden, Crossfields Centre,  
8 Fairhazel Gardens, London, NW6 3SG

E: [jwetherell@mindincamden.org.uk](mailto:jwetherell@mindincamden.org.uk)  
T: 020 7625 9042 (option 3)

### ABOUT THE PROJECT

Mind in Camden's London Paranoia Groups Project is working to develop a sustainable London-wide network of peer support groups for people with paranoia and/or overwhelming beliefs.

We work in partnership with the National Paranoia Network.

It is part of the wider London Hearing Voices Project, which has years of experience supporting the development of peer support groups for people with overwhelming experiences.