

I Am Who Am I?

How different would life be if rather than asking who am I, we contemplated how we'd

like to engage life?

You are warmly invited to join this workshop which will give us an opportunity to think about ourselves in some new ways, and then to make some mementoes which reflect parts of "who we are".

The focus is on exploring and expressing ourselves creatively: you don't need any artistic experience or special skills.

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