

# “HeartFelt”

*A healthy heart event for women  
by women*

**Be informed, motivated and inspired to help make  
healthy lifestyle choices to improve your health and  
wellbeing.**

**Date :** Wednesday 9<sup>th</sup> May 2012  
**Time :** 9.30am – 3.30pm  
**Venue :** Coin Street Neighbourhood Centre  
London SE1 9NH



**Keynote Speaker : Bonnie Greer OBE -  
Playwright, Author and Critic**

This is a free event on a first come, first serve basis so to  
register please contact : [events@afiya-trust.org](mailto:events@afiya-trust.org)

**Food and refreshments will be served**

**Supported by**