

Hear Us Xmas Party & Wellbeing Event



Tuesday December 6th from 1.30pm
CVA West Croydon
82 London Road, CR0 2TB



Information Stalls
Hear Us Talent Show
Pamper Room - FREE massages,
reflexology, makeovers
Raffle Prizes

Featuring Live Music by "the Irregulars"
& "Remi and Jules"

DJs Neville and Peter

FREE physical health tests

Festive Food and Drink all afternoon

*with special guest Michael Harrington
Crystal Place Footy Coach*

*Join in our
Hear Us Talent
Show?*



FREE event for anyone with an interest in mental health
For more information or to book a place:
020 8681 6888 or email: info@hear-us.org