# **Empowering family and carers events**

## Don't keep it a secret ...tell a carer today!

## Where and When?

Ladywell Unit Lewisham High Street London SE13 6LH

Wednesday 7th December 2011

Time 3. 15pm - 6:30pm

Please let us know you are coming: suiteadmin@slam.nhs.uk
020 3228 3235



**December's Main Theme:** 

## Welfare Benefits & Support Services

Also talk with professionals about:

### **Care and Treatment**

## **Peer Support**

Taster session and information on workshops

#### Medication

**PALS** Patient Advice & Liaison Service) & Complaints

And lots... lots more.

**Refreshments provided**