

# Why involve?

“Using my experience of being a service user, I feel I am helping improve services of tomorrow.”

“I’m learning so much from the tasks I’ve been involved in, including recognising some of my strengths and weaknesses.”

“Being on the Involvement Register means I can help to bring about a positive authentic change in the mental health service!”

“The involvement register is a powerful weapon for positive change, engaged in the front lines of extending opportunities, improving services, and transforming lives.”

“We need to involve the people that use our services, as partners in the process, and recognise and value their knowledge and skills.”

“No decision about me without me.”

