



Ring Emilio For More
Details on 07904985357.

"I Stroll along serenely, with my eyes,
my shoes, my rage, forgetting
everything."

Pablo Neruda..

!Saunderers

do you use mental health services?

Would you like to walk at a
leisurely pace, with others, through
some beautiful London scenery?

The First walk: The Thames Path!
November the SIXTH!