

What happens next?

The Involvement Register Coordinator will contact you, oversee the administration and sign you up.

You will then be offered a meeting with someone from the Register to talk more about what opportunities might be right for you.

What help can I get with my Involvement?

We offer training or coaching for most types of Involvement Opportunities. We also offer on-going support such as shadowing, buddying and mentoring to help you develop in your role as a Service User Consultant.

The Trust recognises the important role service users and carers can play in helping to improve the services in SLaM

The Blog

We advertise paid and unpaid opportunities via a blog.

<http://slamtwigops.wordpress.com>

Here you will also find details of arts events, campaigns and much more.

You can subscribe to the blog to be notified when a new post is made, or you can just visit from time to time.

If you don't have access to a computer, you can ask your care coordinator to subscribe and to notify you of posts.

Questions, Comments and Suggestions

If you have any questions or you would to have anything explained in more detail then please contact Sue Folan, Involvement Register Coordinator on 020 3228 1592.

If you have any comments on how the Involvement Register works or suggestions on how it can be improved then please contact us via the blog or contact Sue Folan with your feedback.



SLAM TRUSTWIDE
INVOLVEMENT GROUP:
OPERATIONS

A Guide to
joining the
Involvement
Register

South London and Maudsley 
NHS Foundation Trust

This leaflet

tells you more about Involvement and how you can join SLaM's (South London and Maudsley NHS Foundation Trust) Involvement Register.

What is Involvement?

SLaM is committed to involving service users, carers and members of local communities in planning, delivering and developing its services.

We want to use your experience of services to improve the quality of life for all users of mental health services and to improve the services that SLaM provides.

The work is "ad hoc" and not regular or guaranteed. That's why it is referred to as "opportunities" rather than "work".

You will be paid for the time you spend on Involvement Opportunities. The rate of pay will be dependent on the type of Involvement Opportunity. Travel Expenses will be reimbursed.

Involvement Opportunities include:

- Taking part in service planning meetings
- Sitting on a recruitment panel
- Helping to deliver a training/briefing session
- Taking part in an audit or research project
- Attending regular committee meetings to provide a service user/carer/lay person perspective
- Seeking the views of other service users and carers
- Reading and submitting written thoughts on Trust documents
- Delivering presentations
- Promoting the Register and helping to recruit other service users and carers

How to apply

If you would like to join the Register ask someone who knows you well at SLaM to be your sponsor.

They can help you to apply by providing a reference for you, accessing the application form and helping you to complete it.

The application form asks for your personal details, what sort of Involvement Opportunities you are interested in and for a statement to explain why you want to join.

You will also have to have an Occupational Health check and a CRB (Criminal Records Bureau) check.

All this information is confidential and having something noted on your CRB record will not usually exclude you from taking part in Involvement Opportunities.

Welfare advice

This is available to people who join the Register. You will be advised on how much you can earn without jeopardising your benefits.

Alternatively, Involvement Opportunities can be undertaken on a voluntary unpaid basis with travel expenses reimbursed.