



Arts and Mental Health: Inclusion and Exclusion

A Film Screening and panel discussion

Friday 28th October – 2-4pm followed by refreshments.

Venue: Podium Lecture theatre, London College of Communication, Elephant and Castle.

For all teaching, research and support staff with an interest in issues of inclusion, mental health and educational access.

This event will start with a screening of “Thou Art” – a film of first person narratives telling the story of the lives of artists. These are lives in which both mental illness and art have played a major role. It is a forceful statement about access, about rights, about the link between mental health difficulties and creativity, about resilience and personal fortitude. Dr Olivia Sagan and Jake Stratton (Director of Thou Art the film) will introduce it.

The panel discussion will address a range of issues including:

- How can the learning experience in Higher Arts Education be more accessible and inclusive of people with mental health difficulties?
- What forms of mobility are available for artists with mental health difficulties who practice in community arts settings, to access the ‘mainstream’ arts world?
- How can art education ensure that the rich creative contribution of students who have experienced mental health difficulties is recognised, and how can it be tapped into to enrich the culture of the University, its curriculum and its support systems?

The panel will include:

- Mark Crawley - Dean of Students, University of the Arts London
- Dr Olivia Sagan - University College London
- Helen Shearn, - Arts Development Manager at South London and Maudsley NHS Foundation Trust
- Andrew Locke – Audio Visual Artist
- Paul Ashton- Artist

If you need further information contact Maxine Walker email: m.walker@arts.ac.uk

Or go the Thou Art website www.thouart.org



Art work by participants in the Thou Art film:

Sara C, David, Michelle, Ingrid, LaLa, D.Rosier, Paul, Sara Rivers, Terence, Fatma, Nuala, Maureen