## A CREATIVE APPROACH TO RECOVERY IN MENTAL HEALTH

Focus: Creative Writing. Date: Thursday 7 July 2011.

The LVP Project in conjunction with Chapter One Promotions presents a one day workshop on the link between writing and recovery in mental health.

## Facilitated by Jason Pegler, Author and CEO of Chipmunka Publishing

- ♦ Insights into getting published by Johanna Bertie from Chapter One Promotions
- ♦Open discussions lead by Errol Hall
- ♦ Learn more about Writing and Recovery in Mental Health
- ♦ Sharing Creative Work
- ♦Question & Answer sessions

Lunch will be provided alongside the chance to relax and network at the Coffee and Cake Networking session

Opportunities to purchase signed copies of Jason Pegler's books 'A Can of Madness', 'Curing Madness' and The Ultimate Guide To Well Being.'

Booking is essential for this event. To reserve your <u>FREE</u> place contact Errol Hall on 0208 694 6519 or email: errol.hall@slam.nhs.uk

Time: 9.15 am to 4 pm \* Venue: Seniors, 260 Stanstead Road, London, SE23 1DD \* Buses: 75 & 185 \*

Nearest train stations: Catford Bridge & Forest Hill \* Venue has full disability access with lavatory suitable for smaller wheelchairs only.





